



SENIOR SERVICES EVENTS & ACTIVITIES

AUGUST 2006

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>CAPRILAND HERB FARM LEAVE CENTER @ 9:30 A.M.</p> <p>CAFÉ LUNCH ~ NOON</p>	<p>2</p> <p>GROCERY SHOPPING GEISSLER'S 9:00 A.M. – 10:00 A.M. LINE DANCING 10:00 A.M.-11:00 A.M. CAFÉ LUNCH - NOON WAREHOUSE POINT LIBRARY 1:00 P.M. – 2:00 P.M.</p>	<p>3</p> <p><u>FOOT CARE - 9:00 A.M.-2:00 P.M.</u> WALKING PROGRAM 9:30 A.M. <u>LADY KATHARINE CRUISE</u> <u>BUFFET-Depart Ctr @ 10:00 A.M.</u></p> <p><u>*FREE BLOOD PRESSURE/ BLOOD SUGAR SCREENING</u> 10:00 A.M.-12:30 P.M. CAFÉ LUNCH - NOON SENIOR CLUB 1:00 P.M.</p>	<p>4</p> <p>SHOPPING @ BUCKLAND HILLS/JOANN FABRICS 9:00 A.M.</p> <p>CAFÉ LUNCH ~ NOON</p>
<p>7</p> <p><u>SHOPPING @ WAL-MART / BIG Y PLAZA</u> 9:00 AM –11:00 AM CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30</p>	<p>8</p> <p>HAMMONASSET BEACH STATE PARK & PICNIC LEAVE CTR @ 8:30 A.M.</p> <p>CAFÉ LUNCH ~ NOON</p>	<p>9</p> <p>GROCERY SHOPPING GEISSLER'S 9:00 A.M. – 10:00 A.M. LINE DANCING 10:00 A.M.-11:00 A.M.</p> <p>CAFÉ LUNCH ~ NOON</p>	<p>10</p> <p>JERRAM WINERY TOUR/ SAYBROOK FISH HOUSE Leave Ctr @ 10:00 A.M.</p> <p>CAFÉ LUNCH ~ NOON</p>	<p>11</p> <p>SHOPPING @ ENFIELD SQUARE/HOME DEPOT/KOHL'S PLAZA 9:00 A.M. CAFÉ LUNCH ~ NOON</p>
<p>14</p> <p><u>SHOPPING @ WAL-MART / BIG Y PLAZA</u> 9:00 AM –11:00 AM CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30</p>	<p>15</p> <p>AQUA TURF - ITALIAN FEST Leave Center @ 10:00 A.M.</p> <p>CAFÉ LUNCH ~ NOON</p>	<p>16</p> <p>GROCERY SHOPPING GEISSLER'S 9:00 A.M. – 10:00 A.M. LINE DANCING 10:00 A.M.-11:00 A.M.</p> <p>CAFÉ LUNCH ~ NOON</p>	<p>17</p> <p>AQUA TURF – BOBBY VINTON LEAVE CENTER @ 10:00 A.M.</p> <p>CAFÉ LUNCH ~ NOON</p>	<p>18</p> <p>SHOPPING @ THE CHRISTMAS TREE SHOP 9:00 A.M CAFÉ LUNCH ~ NOON</p>
<p>21</p> <p><u>SHOPPING @ WAL-MART / BIG Y PLAZA</u> 9:00 AM –11:00 AM CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30</p>	<p>22</p> <p>CAFÉ LUNCH ~ NOON <u>AFTERNOON MOVIE</u> 12:30 P.M. – FEATURING <u>THE SHAGGY DOG</u></p>	<p>23</p> <p>GROCERY SHOPPING GEISSLER'S 9:00 A.M. – 10:00 A.M. LINE DANCING 10:00 A.M.-11:00 A.M.</p> <p>CAFÉ LUNCH ~ NOON</p>	<p>24</p> <p>Carol Burnett Tribute Show & Lobster Bake @ Chez Josef Depart Center @ 10:20 A.M. <u>MONTHLY SOCIAL</u> <u>GROCERY BINGO</u> (SIGN-UPS/FINAL PAYMENT FOR UPCOMING ACTIVITIES)</p>	<p>25</p> <p>CAFÉ LUNCH ~ NOON</p>
<p>28</p> <p><u>SHOPPING @ WAL-MART / BIG Y PLAZA</u> 9:00 AM –11:00 AM CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30</p>	<p>29</p> <p>CAFÉ LUNCH ~ NOON <u>AFTERNOON MOVIE</u> 12:30 P.M. – FEATURING <u>THE DREAMER</u></p>	<p>30</p> <p>GROCERY SHOPPING GEISSLER'S 9:00 A.M. – 10:00 A.M. LINE DANCING 10:00 A.M.-11:00 A.M. CAFÉ LUNCH ~ NOON</p>	<p>31</p> <p>CAFÉ LUNCH ~ NOON</p> <p><u>SUNDAE SOCIAL</u> <u>12:30 P.M.</u></p>	 <p>rdtech.com</p>